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ESH&A Newsletter - May 2016



May is Bike Safety Month



Healthy, fun, exciting, and green, bicycling is a fantastic sport and hobby. It can also be dangerous; many injuries and fatalities occur each year. According to the [CDC](#), in 2013 in the U.S., over 900 bicyclists were killed and there were an estimated 494,000 emergency department visits due to bicycle-related injuries.

Data from 2010 show fatal and non-fatal crash-related injuries to bicyclists resulted in lifetime medical costs and productivity losses of \$10 billion. Remember, these are not just statistics but people – family, neighbors, friends, and co-workers. Each accident is a tragedy with far reaching impacts.

Bicycle safety is not simply wearing a helmet. It takes cooperation between riders, pedestrians, and motorists. At Ames Laboratory the tragedy hit very close to home when Drs. Cynthia and William Jenks lost their son, Tim, in 2014, when he was hit by a car while he was biking. Their story was recently profiled in a [Des Moines Sunday Register article](#) discussing cycling fatalities.

The League of American Bicyclists [Ride Smart](#) program is an excellent resource for learning, teaching, and promoting bicycle safety. Please take a few minutes before hitting the road to Stop, Think, Check, and Ride and Drive Safely.

Monthly Hot Links

[Be Ready for Summer Heat](#)

[Click It or Ticket](#)

[Going Boating for Memorial Day? Be Safe!](#)



Your May Safety Hero is Matt Hershberger!

Matt, a graduate student in the Division of Materials Science and Engineering, reported an unknown green powder found in the stairwell of Zaffarano to ESH&A. Fortunately, the powder ended up being harmless colored food-grade sucrose. Matt's awareness of his surroundings, noticing the substance and reporting a potential hazard is an outstanding example of a questioning attitude. His timely notification and most importantly, his help preventing hazards are what make him a Safety Hero!

**Have you heard Ames
Laboratory is
participating in...**

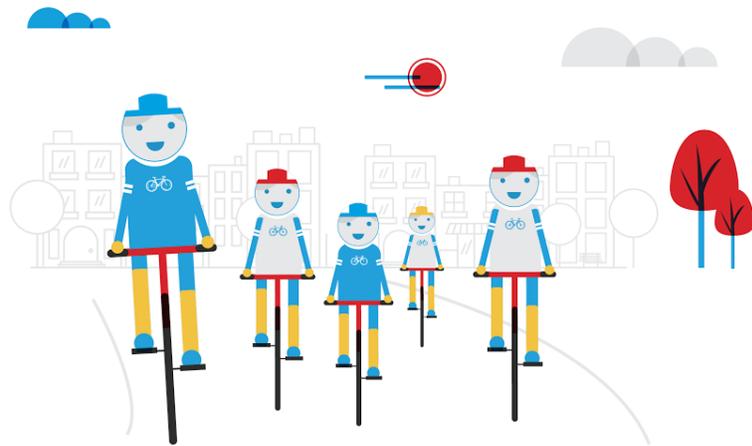
**Click on the picture
for more information**



NATIONAL BIKE CHALLENGE

in partnership with **Cottonelle**

THE CHALLENGE BEGINS MAY 1!



MAY 1 – SEPTEMBER 30, 2016
SIGN UP AT NATIONALBIKECHALLENGE.ORG

Learn@ISU Recap

The Training Department is pleased to share that we will soon be transitioning away from use of Cyber Train to use of Learn@ISU. If you didn't get the opportunity to attend one of the informational sessions hosted by Tom Lograsso at the end of April, have no fear! Here are the highlights:

1. Learn@ISU will eliminate complicated log-in issues and allow you access to Ames Laboratory and ISU training via one site.
2. Learn@ISU is web-based and mobile and tablet friendly. That means if you have access to an internet connection you'll have access to your training courses.
3. The interface is user-friendly. Everything you need to access is on one page and the course quiz and evaluation will pop-up automatically after viewing the learning module. No need to click back through different pages!
4. Training courses are currently assigned using a template which often do not accurately reflect what activities an individual is actually doing in the Laboratory. Transition to

Learn@ISU will allow the Training Department to assign training by activity that was outlined during the Readiness Review process.

5. Ames Site Office Approval is still pending. Once we have approval the Training Department will be piloting Learn@ISU. If you are interested in being a part of the pilot program please email [Hiliary Burns](#) or [Molly Granseth](#) and we will get you added to the list. It is estimated that full roll out of Learn@ISU to the Laboratory will happen in early July.

As an ISU employee you already have access to Learn@ISU! Log-in to learn.iastate.edu using your Iowa State Net ID and Password.



June is National Safety Month and the Laboratory will be continuing the mission we began in October with

Operation Safety: Laboratory Unite!

The National Safety Council annually observes National Safety Month in June focusing on reducing leading causes of injury and death at work, on the roads and in our homes and communities. Operation Safety: Laboratory Unite! will host activities, provide resources and seminars to address each week's theme. The Safety Squad is still scheduling events, but here is a sampling of what we are working on for you. Check your inbox and the Operation Safety webpage as June nears for more details! June 6-10: Stand Ready to Respond

- June 7 @ 11:00am: Keith Morgan, Emergency Management Coordinator, Story County Emergency Management

- June 8, 10am-3pm: American Red Cross Blood Drive

June 13-17: Be Healthy

- June 14 @ 2pm: Ruthann O'Brien Hadish, Experienced-Registered Yoga Teacher, Ames Yoga Center

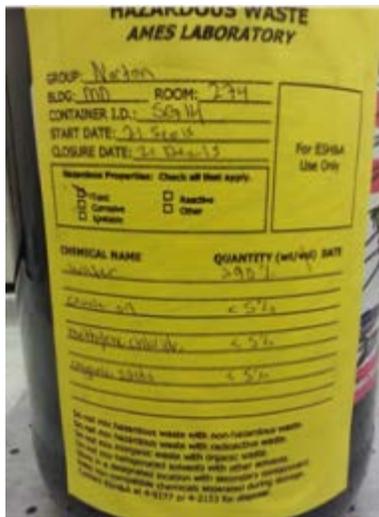
June 20-24: Watch out for Dangers

- June 21: Andrew Albinger, Iowa State University College of Liberal Arts and Sciences IT Director, Iowa State University Director of Security Operations
- June 24: MaryBeth Mulcahy, Investigator, U.S. Chemical Safety Board

June 27-30: Share Roads Safely

- June 28 @ 11:00am: Eric Snyder, Community Resource Officer, Ames Police Department
- June 30 @ 10:00am: Jim Withers, Environmental, Health & Safety Manager

Global Environmental, Health & Safety Leadership Team, Danfoss Power Solutions (US) Company



EPA (Environmental Protection Agency) Representatives were on ISU campus for a compliance inspection last week. Ames Laboratory spaces were not included, but ESHA would like to remind you of a few things that can help if they should return to visit us. The four “L”s of Hazardous Waste:

- Label – containers must be labeled with the contents or the words “Hazardous Waste”

- Lid – containers must be secured with a lid that will prevent leaks if tipped on their side
- Leak – liquid containers of hazardous waste should be in secondary containment and leaks should be cleaned up immediately
- Location – your storage location should be easy to identify, kept tidy and incompatible wastes separated

If you would like more information or an on-site Hazardous Waste Generator Training for your group, contact [Sarah Morris-Benavides](#) at 294-7923.

Enhance Your Safety Culture From the Inside Out

Webinar: *May 12, 2016 at 1pm in 140 TASF*

In a mature safety culture, safety is truly sustainable, with injury rates approaching zero. People feel empowered to take action as needed to work safely. Decisions are made at the appropriate level and people live by those decisions. The organization, as a whole, realizes significant business benefits in higher quality, greater productivity, and increased profits.

In this FREE webinar, you'll learn how safety perceptions surveys can help you to continuously measure safety culture as a leading indicator of safety performance, quickly develop insights and to apply predictive analytics for future performance improvements.





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